

Hinenu Caring Committee



Who we are:

The Hinenu Caring Committee (HCC) is a group of dedicated volunteers who address the needs of our TBE synagogue members experiencing life challenges. These ongoing moments of compassion and support by our HCC members reflect the genuine spirit of Gemilut Chasadim.

What we do:

- ✓ **Home Visits** for those congregants who are sick or struggling with illness
 - ✓ **Hospital Visits** as requested
 - ✓ **Calling and supporting the sick**
 - ✓ **Pick Up/Deliver Kosher Meals** from our temple freezer to congregants
 - ✓ **Assist with Shiva Set-up/Clean-up** and optional coffee service, if needed
 - ✓ **Help with Meals of Consolation** and optional coffee service, if needed
 - ✓ **Cooking with Kavanah** to stock our temple freezer with Kosher Meals for delivery to congregants in need following a surgery or illness
 - ✓ **Complete a Minyan** by requesting volunteers
 - ✓ **Schmooze Crew** calls and friendly visits to support the homebound
 - ✓ **Chevra Kadisha** (two trained members)
-

Who we are not:

- ❖ Care providers for adults/children
- ❖ Housekeepers
- ❖ Errand Runners
- ❖ Drivers
- ❖ Personal Chefs
- ❖ Pet Sitters/Walkers
- ❖ Meal Organizers – info can be found at <https://www.mealtrain.com/learn/>
- ❖ Meal/Ride Organizers – info can be found at www.caringbridge.org

These types of needs are best supported by the immediate family, close friends, and are outside the scope of support the HCC provides our TBE community. We will make an effort to direct the family to appropriate resources; i.e. rides via the JFFS' Transit Tutors Program (replaced Silver Streak) or the Meal Train or CaringBridge website.